

BAC (Blood Alcohol Concentration) LEVEL	BEHAVIOUR CHANGES DUE TO ALCOHOL
LOW ZONE 0.02-0.03	Slight euphoria. Loss of shyness. Lightheaded.
0.04-0.05	Moderate euphoria. Feeling of well-being. Lowered inhibitions. Exaggerated emotions - good feels better, bad feels worse.
MOERATE ZONE 0.06-0.09 (BC legal limit 0.05 Federal legal limit 0.08)	Depressant effects start. Overconfidence in abilities. Slight impairment affecting balance, speech, vision, reaction time, hearing, judgment, self-control, caution, reasoning, memory.
0.10-0.125	Increased impairment affecting motor coordination, judgment, balance, vision, reaction time, hearing, speech.
0.13-0.15	Significant impairment affecting judgment, perception, vision, balance. Lack of physical control - difficulty walking. Signs of aggressiveness.
0.16-0.19	Nausea. "Sloppy drunk." Belligerent aggressive behaviour.
0.20-0.24	Erratic emotions. Blackouts are likely - no memory of events. Dazed, confused, disoriented. Gross motor impairment - may need help to stand or walk. May not feel the pain of an injury. Nausea and vomiting - gag reflex is impaired.
HIGH ZONE 0.25-0.29	Severe impairment of all mental, physical, and sensory functions. Increased risk of asphyxiation from choking on vomit and of serious injury to self by falls or other accidents. Alcohol poisoning possible.
	STUPOR. Little comprehension of where you are. Loss of consciousness. May pass out suddenly and be difficult to awaken.
	Coma. Level of surgical anesthesia.
	0.40+